

# Our Mission & Approach

We believe recovery is built on action—not just intention.

Survival House was built by people in recovery. Our leadership and clinical team, understand addiction firsthand—we know recovery is possible because we've lived it.

Our approach blends evidence-based clinical care—including individual and group therapy, medication management, and relapse prevention—with strong peer support and a focus on real-life growth.

Every resident receives a personalized treatment plan designed to meet them where they are and help them move forward with purpose.

**WE MEET YOU WHERE YOU ARE, WITHOUT JUDGMENT.**

**RECOVERY HAPPENS ONE DAY, ONE DECISION, AND ONE ACTION AT A TIME.**

"When I focus on what's good today, I have a good day.

When I focus on what's bad today, I have a bad day.

If I focus on the problem, the problem increases; if I focus on the answer, the answer increases."

# Frequently Asked Questions



## Who can apply?

- Adults (18+) seeking recovery from substance use and co-occurring mental health challenges
- Individuals who meet criteria for a 3.1 Clinically Managed Residential Level of Care
- Those ready to commit to structure, accountability, and personal growth
- Individuals transitioning from detox, incarceration, or unstable living environments

## How long is the program?

Most residents' stay 3 - 6 months. Length is individualized based on your treatment plan and goals. We work with you and your care team to determine the right timeline

## Do you accept insurance?

Yes. We work with Maryland medicaid and most insurance plans. Call us to verify your coverage and discuss payment options—cost should never be a barrier to recovery.

## What happens after treatment?

We don't abandon you when you leave. Survival House offers aftercare planning, alumni support, and referrals to outpatient counseling, support groups, and community resources. We stay connected to your recovery.

## Will I have a job or income requirement?

No immediate requirement, but employment is a core goal. We help you build skills, search for work, and prepare for interviews. Many residents gain employment while in our program.

## Survival House

2053 Day Road  
Hagerstown, MD 21742

(222)223-5122

www.survivalhousemd.com



# SURVIVAL HOUSE

Residential Treatment for Substance Use Recovery

Clinically managed residential care with 24/7 support, peer connection, and a program built on accountability and growth.

# WHERE RECOVERY BECOMES A WAY OF LIFE



Ready to start your recovery journey?

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## What We Offer

Survival House is a clinically managed residential treatment program for adults navigating substance use and co-occurring mental health challenges, grounded in the principles of 12-step recovery.

Our program delivers a balanced approach that integrates clinical services with a strong culture of accountability, routine, and peer connection. Residents are immersed in an environment designed to promote stability, responsibility, and forward progress.

Through a combination of therapeutic support, structured living, and practical skill development, individuals are given the tools needed to regain control, rebuild confidence, and establish a solid path forward.

## Employment & Independence

- Resume building and interview coaching
- Acquiring transportation support or resources
- Help obtaining vital documents (ID, birth certificate, etc.)
- Coping skill development and support system building
- Community involvement to rebuild connections and purpose

## Your Daily Life at Survival House

- **Structured daily routine: breakfast, assigned chores, employment preparation, individual & group counseling, evening meeting, journaling**
- **Weekly one-on-one sessions with your case manager focused on goal setting, progress tracking, and accountability**
- **Ongoing accountability and support through regular drug and alcohol screenings and medication monitoring**
- **Community meetings where residents reflect on accomplishments, set goals, and strengthen fellowship**
- **Life skills development including communication, time management, responsibility, and decision-making**
- **12-step engagement and relapse prevention planning to support long-term success**
- **Safe, structured living environment with 24/7 staff on site**



## Our Commitment to You

**A clinically managed environment with licensed counselors and medical staff available 24/7**

**Individualized treatment planning tailored to your unique needs and personal goals**

**A safe, supportive, and judgment-free environment where you can focus fully on recovery**

**Real-world structure and accountability designed to build lasting, sustainable change**

**Peer support from individuals who understand your journey and are committed to growth**

**Continued support beyond treatment, including aftercare planning and ongoing community connection**

**Let's do this!** **How to join**

If you're ready to make a change, take the first step—visit our website and click "Schedule Appointment" in the upper right-hand corner.